

CLASIFICACIÓN GENERAL 10K

Fecha **05/10/2019**

10K - CUENCA 2019 - 10K

Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
1	230	DANIEL GARCIA PONCE	CLUB ATLETISMO INIESTA	1	Senior	00:33:29.371	- -	3:20
2	445	JORGE MORALES GARCÍA	RUNFASTER	2	Senior	00:34:24.997	+ 00:00:55	3:26
3	1374	OUSSAMA EL IDRISSE	SOMARUNNING BELMONTE	1	Junior	00:34:29.797	+ 00:01:00	3:26
4	1414	ÁNGEL HERRAIZ ADILLO	C.T. TRISCHOOL CUENCA	1	Veterano A	00:34:51.526	+ 00:01:22	3:29
5	326	OSCAR LASERNA BACHILLER	C.A. HONRUBIA	2	Junior	00:36:32.634	+ 00:03:03	3:39
6	1405	ELPIDIO GUIJARRO SAIZ	A.D. CERVERA DEL LLANO - LA F	2	Veterano A	00:36:45.470	+ 00:03:16	3:40
7	708	DAVID CANO VISIER	C.A. CUENCA	3	Junior	00:36:56.726	+ 00:03:27	3:41
8	702	DANIEL VIANA ORTIZ	C.A. VILLAMAYOR	4	Junior	00:37:07.464	+ 00:03:38	3:42
9	1466	DAVID MORAL VALIENTE	CORREMON TRAIL CUENCA	3	Senior	00:37:17.929	+ 00:03:48	3:43
10	38	JOSE ENRIQUE AROCA LIS	C.A. VILLARTA	4	Senior	00:37:45.259	+ 00:04:15	3:46
11	542	DANIEL PLAZA AIRA	Sin club	5	Senior	00:38:26.322	+ 00:04:56	3:50
12	645	FRANCISCO LUIS SÁNCHEZ TARTALO	RUNFASTER	3	Veterano A	00:38:29.389	+ 00:05:00	3:50
13	478	PAOLA NIÑO TORRIJOS	CORRELIGERO CUENCA	1	Senior Fem	00:38:37.789	+ 00:05:08	3:51
14	1453	CRISTIAN MARTINEZ MUÑOZ	Sin club	4	Veterano A	00:38:46.327	+ 00:05:16	3:52
15	455	VICENTE MOYA GARCIA	C.A. HONRUBIA	1	Veterano B	00:38:49.663	+ 00:05:20	3:52
16	417	ALVARO MEDINA OLMEDILLA	C.A. HONRUBIA	5	Junior	00:38:55.9	+ 00:05:25	3:53
17	1482	ÓSCAR OJALVO SANZ	C.T. HOCES DE CUENCA	6	Senior	00:38:58.207	+ 00:05:28	3:53
18	226	JONATHAN GARCIA MORENO	C.A. VILLARTA	7	Senior	00:39:11.626	+ 00:05:42	3:55
19	1344	JUAN BENITO BLANCO FERNÁNDEZ	CD AURUM	5	Veterano A	00:39:19.675	+ 00:05:50	3:55
20	1376	ANGEL ESTAUN	CPT TEAM	6	Veterano A	00:39:37.676	+ 00:06:08	3:57
21	1394	RAMÓN GÓMEZ	SUNNE RACING	8	Senior	00:39:59.559	+ 00:06:30	3:59
22	1363	CARLOS COLMENERO SOLVEZ	Sin club	9	Senior	00:40:19.207	+ 00:06:49	4:01
23	1509	RAFAEL PRIEGO CORREA	C.A. CUENCA	2	Veterano B	00:40:21.759	+ 00:06:52	4:02
24	1390	FERNANDO GARCÍA MINGO	RUNFASTER	7	Veterano A	00:40:27.333	+ 00:06:57	4:02
25	1452	ALVARO MARTINEZ MARQUINA	C.D. JORGE MANRIQUE	6	Junior	00:40:33.948	+ 00:07:04	4:03
26	1408	DIONISIO GUTIERREZ MARIA	Sin club	10	Senior	00:40:34.726	+ 00:07:05	4:03
27	1485	JAIME ORTEGA	Sin club	11	Senior	00:40:37.958	+ 00:07:08	4:03
28	1565	SENDOA ZURRO HERNANDEZ	Trotegorrinero	12	Senior	00:40:40.594	+ 00:07:11	4:04
29	1475	FRANCISCO JAVIER MUELAS LOPEZ	Sin club	13	Senior	00:40:41.651	+ 00:07:12	4:04
30	194	RICARDO FRANCO VANEGAS	CD Corremangana	14	Senior	00:40:46.791	+ 00:07:17	4:04
31	499	ANGEL OSMA APARICIO	C.A. CUENCA	8	Veterano A	00:40:54.203	+ 00:07:24	4:05
32	152	MIGUEL DIAZ GARCIA	C.A. HONRUBIA	9	Veterano A	00:40:55.5	+ 00:07:25	4:05

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33	1331	JOSE LUIS ARIAS BUENACHE	TUERCELINEDES A.C.	3	Veterano B	00:41:01.843	+ 00:07:32	4:06
34	62	MANUEL BORONA VALENCIA	C.A. VILLAMAYOR	7	Junior	00:41:02.617	+ 00:07:33	4:06
35	1524	JOSE ANTONIO RUANO GARCIA	Sin club	4	Veterano B	00:41:27.316	+ 00:07:57	4:08
36	120	DANIEL CORDOBA GARRIDO	C.A. VILLARTA	15	Senior	00:41:41.133	+ 00:08:11	4:10
37	1417	AYOUB IMAD	ALDEAS INFANTILES	8	Junior	00:41:46.964	+ 00:08:17	4:10
38	1495	JESUS PEÑALVER MUÑOZ	CORREMON TRAIL CUENCA	10	Veterano A	00:41:47.57	+ 00:08:17	4:10
39	1514	JORGE REAL VELASCO	Sin club	9	Junior	00:41:55.682	+ 00:08:26	4:11
40	1480	FRANCISCO JAVIER NIÑO MOHORTE	INDEPENDIENTE	5	Veterano B	00:41:56.382	+ 00:08:27	4:11
41	1416	MANUEL IBORRA GARROTE	Sin club	16	Senior	00:41:59.849	+ 00:08:30	4:11
42	1392	EDUARDO GARCÍA PAREDES	Sin club	11	Veterano A	00:42:11.595	+ 00:08:42	4:13
43	35	JOAQUIN DIONISIO ARAQUE	C.A REAJO FONTENSE	12	Veterano A	00:42:19.472	+ 00:08:50	4:13
44	466	MARIA ROSA NAVALON GARCIA	C.A. RUNNING JARA	1	Veterana B	00:42:23.804	+ 00:08:54	4:14
45	423	VICTOR MENA MARTINEZ	C.A. QUINTANAR DEL REY	17	Senior	00:42:33.143	+ 00:09:03	4:15
46	709	BERTA ZAFRA GOMEZ	C.A. VALVERDE DE JUCAR	2	Senior Fem	00:42:36.751	+ 00:09:07	4:15
47	156	JESUS DITADO MARTINEZ	C.A REAJO FONTENSE	18	Senior	00:42:52.151	+ 00:09:22	4:17
48	110	BELEN CHOCANO VILLANUEVA	C.A. VALVERDE DE JUCAR	1	Veterana A	00:42:52.666	+ 00:09:23	4:17
49	1438	SANTIAGO LOZOYA JARABO	Sin club	19	Senior	00:43:11.656	+ 00:09:42	4:19
50	1530	MANUEL SAINZ LOPEZ	CLUB CORRER ASTURIAS	13	Veterano A	00:43:13.934	+ 00:09:44	4:19
51	67	JUAN ANGEL BUENO PERALTA	C.A. QUINTANAR DEL REY	6	Veterano B	00:43:19.278	+ 00:09:49	4:19
52	325	ANTONIO LARRODA ORERO	C.A. VALVERDE DE JUCAR	7	Veterano B	00:43:48.1	+ 00:10:18	4:22
53	356	JESUS LOPEZ MORAL	C.D. GAMO MOTILLA	20	Senior	00:44:17.312	+ 00:10:47	4:25
54	345	AITOR BALLESTERO LÓPEZ	C.A. VILLAMAYOR	10	Junior	00:44:18.706	+ 00:10:49	4:25
55	1536	HUGO SÁNCHEZ MALPESA	C.T. TRISCHOOL CUENCA	11	Junior	00:44:46.210	+ 00:11:16	4:28
56	408	GUILLERMO MARTÍNEZ ORTEGA	Sin club	21	Senior	00:44:48.707	+ 00:11:19	4:28
57	1566	JUAN HERRAIZ BLANCO	Sin club	14	Veterano A	00:44:54.325	+ 00:11:24	4:29
58	484	ANGEL OJEDA RENTERO	C.A. VALVERDE DE JUCAR	8	Veterano B	00:45:01.625	+ 00:11:32	4:30
59	1360	BEATRIZ CHACON FALCON	C.A. CUENCA	3	Senior Fem	00:45:18.715	+ 00:11:49	4:31
60	1454	JOSE JAVIER MARTÍNEZ SAIZ	Sin club	22	Senior	00:45:29.206	+ 00:11:59	4:32
61	436	DIEGO MONREAL CARRALERO	CORREMON TRAIL CUENCA	23	Senior	00:45:30.422	+ 00:12:01	4:33
62	1561	JAVIER YUGUERO MENDIZÁBAL	Sin club	15	Veterano A	00:45:33.88	+ 00:12:03	4:33
63	1462	JESÚS ÁNGEL MINGO DENCHE	3HCYCLES	24	Senior	00:45:41.364	+ 00:12:11	4:34
64	1406	DAVID GUILLEN LAPEÑA	Sin club	16	Veterano A	00:45:43.506	+ 00:12:14	4:34

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65	1529	LUIS CARLOS SAHUQUILLO GARCIA	C.D. GAMO MOTILLA	9	Veterano B	00:45:56.571	+ 00:12:27	4:35
66	541	FERNANDO PLASENCIA CUENCA	C.A. HONRUBIA	17	Veterano A	00:45:56.760	+ 00:12:27	4:35
67	1501	JORGE PERPIÑAN	Sin club	18	Veterano A	00:45:58.116	+ 00:12:28	4:35
68	1574	LAURA CRISTINA	CASAS COLGADAS	4	Senior Fem	00:46:07.939	+ 00:12:38	4:36
69	1538	ELVIRA PATRICIA SÁNCHEZ VILLAJOS	ARA	5	Senior Fem	00:46:08.965	+ 00:12:39	4:36
70	1494	FCO JAVIER PARRILLA CORONA	Sin club	25	Senior	00:46:12.356	+ 00:12:42	4:37
71	96	LUIS CASTILLEJO GALLARDO	C.A. CAMPILLO	1	Veterano C	00:46:22.333	+ 00:12:52	4:38
72	1458	PEDRO MIGUEL MEMBRILLA CABEZA	JÚCAR TRAIL	19	Veterano A	00:46:27.739	+ 00:12:58	4:38
73	140	JESÚS ÁNGEL CUEVAS ALBALADEJO	CD Corremangana	10	Veterano B	00:46:43.177	+ 00:13:13	4:40
74	1337	ANGEL ATIENZA RIZALDOS	CORREMON TRAIL CUENCA	20	Veterano A	00:46:45.579	+ 00:13:16	4:40
75	314	ÓSCAR MARIO JIMÉNEZ LÓPEZ	C.A REAJO FONTENSE	21	Veterano A	00:46:59.899	+ 00:13:30	4:41
76	1322	PATRICIA ALFARO SAIZ	SUNNE RACING	2	Veterana A	00:47:01.57	+ 00:13:31	4:42
77	1436	RAQUEL LÓPEZ NIETO	CORREMON TRAIL CUENCA	3	Veterana A	00:47:03.89	+ 00:13:33	4:42
78	150	JUAN ANTONIO DÍAZ ALMARZA	RUNFASTER	11	Veterano B	00:47:12.789	+ 00:13:43	4:43
79	1401	ALEJANDRO GRUCE	Sin club	12	Veterano B	00:47:17.686	+ 00:13:48	4:43
80	559	NACOR ABEL RABADAN IZQUIERDO	SOMARUNNING BELMONTE	26	Senior	00:47:34.711	+ 00:14:05	4:45
81	1451	SERGIO MARTÍNEZ IRURZUN	C.D. JORGE MANRIQUE	27	Senior	00:47:39.603	+ 00:14:10	4:45
82	1366	MARINA CUESTA GUADALAJARA	Sin club	2	Veterana B	00:47:40.780	+ 00:14:11	4:46
83	1361	JESÚS CIFUENTES GARRIDO	Sin club	22	Veterano A	00:47:43.932	+ 00:14:14	4:46
84	1409	PEDRO ENRIQUE HERNAIZ ARMERO	C.A. CUENCA	2	Veterano C	00:47:46.419	+ 00:14:17	4:46
85	1380	JUSTO FERNANDEZ GONZALEZ	Sin club	28	Senior	00:47:59.565	+ 00:14:30	4:47
86	414	VICENTE MAYORDOMO CAÑIZARES	RUNFASTER	13	Veterano B	00:48:02.143	+ 00:14:32	4:48
87	335	GREGORIO FELIX LEON PEÑARANDA	C.D. GAMO MOTILLA	14	Veterano B	00:48:03.181	+ 00:14:33	4:48
88	1564	ROBERTO ZANGRONIZ	CA CUENCA DOLOMIA	23	Veterano A	00:48:08.119	+ 00:14:38	4:48
89	444	JOSE MORAL LEANDREZ	C.A. PINAR-EKUON-CONCHEL-DI	15	Veterano B	00:48:11.337	+ 00:14:41	4:49
90	1493	JOAQUIN PARRILLA BUENDIA	C.D. JORGE MANRIQUE	16	Veterano B	00:48:12.308	+ 00:14:42	4:49
91	1427	RUBÉN LAVARA	ADN trail Runners	29	Senior	00:48:16.673	+ 00:14:47	4:49
92	227	CRISTINA GARCIA MUÑOZ	C.D. SANTA EULALIA	6	Senior Fem	00:48:25.824	+ 00:14:56	4:50
93	66	MIGUEL ANGEL BUENDIA RAMIREZ	C.D. SANTA EULALIA	30	Senior	00:48:26.504	+ 00:14:57	4:50
94	209	ALBERTO GARCÍA BEJARANO	RUNFASTER	31	Senior	00:48:37.356	+ 00:15:07	4:51
95	557	ANTONIO PUIG SANJUAN	CDA TARANCON	32	Senior	00:48:42.68	+ 00:15:12	4:52
96	213	CAYETANO GARCÍA COSO	RUNFASTER	24	Veterano A	00:48:46.568	+ 00:15:17	4:52

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97	1324	MUBARAK ALRAMADAN ALJAMALAH	Sin club	25	Veterano A	00:48:48.829	+ 00:15:19	4:52
98	1559	JOSE MIGUEL VILA OJALVO	Sin club	33	Senior	00:48:50.904	+ 00:15:21	4:53
99	1473	JAVIER MOYA MACHETTI	Sin club	34	Senior	00:48:51.211	+ 00:15:21	4:53
100	1513	JESUS JAVIER RAMOS ALGARRA	Sin club	35	Senior	00:48:53.494	+ 00:15:24	4:53
101	1450	JOSE ALBERTO MARTÍNEZ HORTELANO	Sin club	36	Senior	00:49:05.975	+ 00:15:36	4:54
102	1435	DAVID LOPEZ MEDINA	Sin club	37	Senior	00:49:12.295	+ 00:15:42	4:55
103	195	MIGUEL ANGEL FRESNEDA LOPEZ	SOMARUNNING BELMONTE	3	Veterano C	00:49:26.33	+ 00:15:56	4:56
104	516	JOSE MANUEL PARRON ORTEGA	C.A. PINAR-EKUON-CONCHEL-DI	26	Veterano A	00:49:29.237	+ 00:15:59	4:56
105	387	JESUS ANGEL MARTINEZ CARPINTERO	SAN LORENZO DE LA PARRILLA	38	Senior	00:49:46.834	+ 00:16:17	4:58
106	266	PASCUAL GONZALEZ GARRIDO	C.A. VILLARTA	39	Senior	00:49:51.521	+ 00:16:22	4:59
107	1432	LETICIA LOPEZ HERRERO	C.D. MTB VILLABIKE	4	Veterana A	00:49:52.309	+ 00:16:22	4:59
108	1448	ANA MARTINEZ GONZALEZ	CDA Valmojado	7	Senior Fem	00:49:52.671	+ 00:16:23	4:59
109	1449	MIGUEL MARTINEZ GONZALEZ	Sin club	40	Senior	00:49:53.911	+ 00:16:24	4:59
110	392	PEDRO MARTÍNEZ ESCRIBANO	Sin club	4	Veterano C	00:49:56.89	+ 00:16:26	4:59
111	1396	JESÚS GONZÁLEZ CARPINTERO	Sin club	17	Veterano B	00:49:56.798	+ 00:16:27	4:59
112	338	IRENE LERMA ANGUIX	C.A. VILLARTA	8	Senior Fem	00:50:03.373	+ 00:16:34	5:00
113	1431	JONATAN LÓPEZ GARCÍA	Sin club	27	Veterano A	00:50:19.977	+ 00:16:50	5:01
114	1563	YERAY ZAMORA TRIGUERO	Balompédica Carmesi	41	Senior	00:50:21.245	+ 00:16:51	5:02
115	187	ALBERTO FERNANDEZ RUIZ	C.A. RUNNING JARA	28	Veterano A	00:50:28.457	+ 00:16:59	5:02
116	448	CARLOS MORENO LOPEZ-SOLORZANO	C.A. HONRUBIA	29	Veterano A	00:50:30.437	+ 00:17:01	5:03
117	84	PEDRO JESUS CAÑAS MAGAN	C.A. CUENCA	5	Veterano C	00:50:32.796	+ 00:17:03	5:03
118	435	JESUS ANGEL MONEDERO MARTINEZ	C.D. GAMO MOTILLA	42	Senior	00:50:35.997	+ 00:17:06	5:03
119	393	MARIA TERESA MARTINEZ FRAILE	EL PERAL	9	Senior Fem	00:50:41.25	+ 00:17:11	5:04
120	1496	MIGUEL PEÑAS GARROTE	Sin club	43	Senior	00:50:42.295	+ 00:17:12	5:04
121	343	DUNIA LOAYZA	CLUB ATLETISMO INIESTA	10	Senior Fem	00:50:49.492	+ 00:17:20	5:04
122	1341	SALOMÉ BENITO FERNÁNDEZ	Sin club	11	Senior Fem	00:50:51.241	+ 00:17:21	5:05
123	1489	RAQUEL PAJARÓN GARCÍA	Sin club	5	Veterana A	00:51:02.548	+ 00:17:33	5:06
124	674	TERESA TEJEDA TORRIJOS	CORRELIGERO CUENCA	12	Senior Fem	00:51:07.807	+ 00:17:38	5:06
125	1447	MIGUEL MARTINEZ GIRON	Sin club	44	Senior	00:51:10.493	+ 00:17:41	5:07
126	236	JOSE MIGUEL GARCIA ZAMORA	C.A. HONRUBIA	18	Veterano B	00:51:11.762	+ 00:17:42	5:07
127	587	JUAN DIEGO RODRIGUEZ MARTINEZ	C.A. HONRUBIA	12	Junior	00:51:11.929	+ 00:17:42	5:07
128	350	JUAN MANUEL LOPEZ HORTELANO	C.A. HONRUBIA	30	Veterano A	00:51:12.25	+ 00:17:42	5:07

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129	1364	PACO CORTINAS VEGA	C.A. CUENCA	6	Veterano C	00:51:14.832	+ 00:17:45	5:07
130	1554	CRISTINA VALIENTE SORIA	Sin club	13	Senior Fem	00:51:20.112	+ 00:17:50	5:08
131	1548	PABLO TORRALBA PELÁEZ	Sin club	45	Senior	00:51:21.815	+ 00:17:52	5:08
132	1469	FRANCISCO JAVIER MORIANA BARRIOS	BICINATURA CUENCA	31	Veterano A	00:51:22.786	+ 00:17:53	5:08
133	1349	GRACIA CANALES DUQUE	BICINATURA CUENCA	6	Veterana A	00:51:24.197	+ 00:17:54	5:08
134	1368	JULIAN ALBERTO DE LEON BELMAR	CORREMON TRAIL CUENCA	32	Veterano A	00:51:24.667	+ 00:17:55	5:08
135	1375	SERGIO ESPUNY FONTES	A. D. C. KELIN TEAM	33	Veterano A	00:51:31.100	+ 00:18:01	5:09
136	1397	SUSANA GONZÁLEZ MATEO	A. D. C. KELIN TEAM	7	Veterana A	00:51:34.222	+ 00:18:04	5:09
137	1512	JAVIER RAMÓN ROMERO	Sin club	34	Veterano A	00:51:34.738	+ 00:18:05	5:09
138	1446	SARA MARTÍNEZ FRAILE	EL PERAL	14	Senior Fem	00:51:41.543	+ 00:18:12	5:10
139	1531	DANIEL SAIZ BONILLA	Sin club	46	Senior	00:51:42.207	+ 00:18:12	5:10
140	1423	CARMEN JIMÉNEZ MARTOS	Sin club	15	Senior Fem	00:51:46.610	+ 00:18:17	5:10
141	1385	LUIS FERNANDO GARCÍA CARRASCOSA	Sin club	47	Senior	00:51:47.795	+ 00:18:18	5:10
142	1333	MONTSERRAT ARRIBAS CHARFOLE	Club running La Gavia	8	Veterana A	00:51:50.426	+ 00:18:21	5:11
143	1558	FRANCISCO JOSÉ VERGAZ TORRECILLA	Sin club	48	Senior	00:51:54.798	+ 00:18:25	5:11
144	1535	DAVID SAMPER LEON	Sin club	49	Senior	00:51:55.621	+ 00:18:26	5:11
145	1516	SATUR REDONDO COLLADO	Sin club	50	Senior	00:52:01.755	+ 00:18:32	5:12
146	1332	ALEJANDRO ARRIBAS	Antevenio	51	Senior	00:52:01.852	+ 00:18:32	5:12
147	1353	ANTONIO JOSÉ CARRASCOSA JIMÉNEZ	CD HARO	35	Veterano A	00:52:05.249	+ 00:18:35	5:12
148	217	JAIME GARCIA ESCUDERO	SAN LORENZO DE LA PARRILLA	36	Veterano A	00:52:05.924	+ 00:18:36	5:12
149	1422	IGNACIO JIMENEZ LA FUENTE	Sin club	52	Senior	00:52:06.140	+ 00:18:36	5:12
150	1573	ANGEL MARTINEZ LOPEZ	Sin club	53	Senior	00:52:07.527	+ 00:18:38	5:12
151	1479	NOELIA NAVARRO PEREZ	C.D. GAMO MOTILLA	16	Senior Fem	00:52:07.815	+ 00:18:38	5:12
152	1334	MARÍA PILAR ARRIBAS MOLINERO	Sin club	17	Senior Fem	00:52:15.823	+ 00:18:46	5:13
153	1459	DAVID MENENDEZ FERNANDEZ	RUNNERS CIUTAT DE VALENCIA	37	Veterano A	00:52:22.980	+ 00:18:53	5:14
154	1400	PABLO FRANCISCO GRISALEÑA MACIAS	Sin club	7	Veterano C	00:52:28.420	+ 00:18:59	5:14
155	1491	CARLOS PALOMERO AMOR	Sin club	54	Senior	00:52:30.375	+ 00:19:01	5:15
156	538	MIGUEL PICAZO MUÑOZ	C.A. QUINTANAR DEL REY	38	Veterano A	00:52:31.839	+ 00:19:02	5:15
157	1483	ADRIAN OLIVARES CONEJERO	C.A. CUENCA	55	Senior	00:52:45.652	+ 00:19:16	5:16
158	1490	PAULA PALACIOS ROMERO	C.A. CUENCA	18	Senior Fem	00:52:46.70	+ 00:19:16	5:16
159	509	SACRI PAÑOS GARCIA	EL PERAL	19	Senior Fem	00:52:48.399	+ 00:19:19	5:16
160	1518	DANIEL REGIDOR	C.A. CUENCA	39	Veterano A	00:52:51.906	+ 00:19:22	5:17

CLASIFICACIÓN GENERAL 10K

Fecha **05/10/2019**

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Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
161	1370	VANESSA DEL SALTO GOMES	BCNMAD TRIATLÓN	9	Veterana A	00:52:55.562	+ 00:19:26	5:17
162	631	ANGEL SALAMANCA FERNÁNDEZ	C.A. VILLAMAYOR	8	Veterano C	00:53:04.7	+ 00:19:34	5:18
163	36	SERGIO ARJONA MORENTE	SOMARUNNING BELMONTE	40	Veterano A	00:53:12.384	+ 00:19:43	5:19
164	1328	SANTIAGO ÁLVAREZ URES	A. D. C. KELIN TEAM	41	Veterano A	00:53:13.490	+ 00:19:44	5:19
165	1403	MARIO GUIJARRO LOPEZ	BETIS TEAM CUENCA	56	Senior	00:53:19.629	+ 00:19:50	5:19
166	472	ENRIQUE NAVARRO GARRIDO	C.A. VILLARTA	42	Veterano A	00:53:20.173	+ 00:19:50	5:20
167	1541	JAVIER SIMON RODRIGUEZ	BETIS TEAM CUENCA	57	Senior	00:53:20.655	+ 00:19:51	5:20
168	178	OLGA FAJARDO VALERIANO	C.A. RUNNING JARA	10	Veterana A	00:53:24.875	+ 00:19:55	5:20
169	22	ELISA ALMODOVAR SANCHEZ	SOMARUNNING BELMONTE	11	Veterana A	00:53:27.758	+ 00:19:58	5:20
170	1386	EDUARDO GARCIA FELIPE	Sin club	43	Veterano A	00:53:29.910	+ 00:20:00	5:20
171	174	ANDREA ESPADA GARCIA	C.A. VILLARTA	20	Senior Fem	00:53:36.474	+ 00:20:07	5:21
172	8	DANIEL ALBALADEJO GUIJARRO	SAN LORENZO DE LA PARRILLA	58	Senior	00:53:36.791	+ 00:20:07	5:21
173	1347	MARIA PALOMA CAMACHO MINGUEZ	INDEPENDIENTE	1	Veterana C	00:53:50.482	+ 00:20:21	5:23
174	1351	MARTA CARRASCO MARTÍNEZ	Sin club	21	Senior Fem	00:54:01.296	+ 00:20:31	5:24
175	1484	LUISA ORDOÑEZ	Sin club	3	Veterana B	00:54:02.742	+ 00:20:33	5:24
176	1542	NOELIA SORRIBES PALMER	Sin club	22	Senior Fem	00:54:03.692	+ 00:20:34	5:24
177	1418	MARIA INIESTA BASCUÑANA	Sin club	23	Senior Fem	00:54:03.892	+ 00:20:34	5:24
178	1562	ÁNGELES ZAMORA PRIEGO	C.A. CUENCA	2	Veterana C	00:54:09.116	+ 00:20:39	5:24
179	1339	MILAGROS BELINCHON SEGOVIA	CORREMON TRAIL CUENCA	4	Veterana B	00:54:18.64	+ 00:20:48	5:25
180	1434	PABLO JAVIER LOPEZ MARTINEZ	CORREMON TRAIL CUENCA	44	Veterano A	00:54:20.17	+ 00:20:50	5:26
181	1470	RAFAEL MOYA	C.A. VALVERDE DE JUCAR	45	Veterano A	00:54:21.589	+ 00:20:52	5:26
182	1383	ANTONIO FUENTES OLMEDA	C.A. VALVERDE DE JUCAR	46	Veterano A	00:54:22.774	+ 00:20:53	5:26
183	1486	MIGUEL OSMA CHECA	C.A. VALVERDE DE JUCAR	19	Veterano B	00:54:22.941	+ 00:20:53	5:26
184	662	EUGENIO SERRANO HERRÁIZ	SAN LORENZO DE LA PARRILLA	20	Veterano B	00:54:28.100	+ 00:20:58	5:26
185	1519	LUCÍA RODRÍGUEZ CARABALLO	Sin club	24	Senior Fem	00:54:35.70	+ 00:21:05	5:27
186	1550	RAQUEL TORRIJOS LAIN	CORRELIGERO CUENCA	3	Veterana C	00:54:35.465	+ 00:21:06	5:27
187	1511	JOSE RAMON QUIÑONES VILLACAÑAS	Sin club	59	Senior	00:54:36.94	+ 00:21:06	5:27
188	1471	PABLO MOYA AZNAREZ	Sin club	60	Senior	00:54:36.428	+ 00:21:07	5:27
189	615	MANUEL RUIZ-GOMEZ DE FEZ	C.A. CUENCA	21	Veterano B	00:54:48.560	+ 00:21:19	5:28
190	2	ANGELES ALARCON CARRION	C.A. CUENCA	12	Veterana A	00:54:48.898	+ 00:21:19	5:28
191	1455	DANIEL MARTINEZ VILLALBA	Sin club	61	Senior	00:54:58.865	+ 00:21:29	5:29
192	1497	MIGUEL PEÑUELAS HORTELANO	Sin club	62	Senior	00:54:59.848	+ 00:21:30	5:29

CLASIFICACIÓN GENERAL 10K

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Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
193	1433	DIEGO LOPEZ LOPEZ	C.A. SAN CLEMENTE	63	Senior	00:55:01.410	+ 00:21:32	5:30
194	1534	IGNACIO SAIZ OLIVARES	Sin club	47	Veterano A	00:55:07.41	+ 00:21:37	5:30
195	1498	ROCIO PERAL MOTOS	C.A. CUENCA	13	Veterana A	00:55:09.293	+ 00:21:39	5:30
196	454	MANUEL MOYA CAÑAS	C.A. CUENCA	48	Veterano A	00:55:12.90	+ 00:21:42	5:31
197	1551	PEDRO PABLO VALÍA FERNÁNDEZ	Sin club	49	Veterano A	00:55:14.474	+ 00:21:45	5:31
198	1415	JOSE DANIEL HORTELANO MARTINEZ	CORREMON TRAIL CUENCA	50	Veterano A	00:55:15.941	+ 00:21:46	5:31
199	676	BELEN TEMPORAL GARCIA	C.A. VILLARTA	25	Senior Fem	00:55:18.108	+ 00:21:48	5:31
200	59	DAVID BLANCO MARTINEZ	C.A. VILLARTA	64	Senior	00:55:18.438	+ 00:21:49	5:31
201	1461	GABRIELA MIC	Sin club	26	Senior Fem	00:55:19.12	+ 00:21:49	5:31
202	1537	ISABEL SÁNCHEZ MARTÍNEZ	C.A. CAMPILLO	14	Veterana A	00:55:25.305	+ 00:21:55	5:32
203	1441	MARTA MALDONADO VALLEJO	C.A. CAMPILLO	5	Veterana B	00:55:25.728	+ 00:21:56	5:32
204	1381	PELAGIO FORCADA SERRANO	Sin club	9	Veterano C	00:55:26.279	+ 00:21:56	5:32
205	1464	JOSE MONTALVO PALOMARES	Sin club	65	Senior	00:55:41.933	+ 00:22:12	5:34
206	282	ANGEL HERNÁNDEZ GARCIA	C.A. CUENCA	51	Veterano A	00:55:42.397	+ 00:22:13	5:34
207	1372	CARLOS DOLZ FERNANDEZ	Sin club	52	Veterano A	00:55:44.914	+ 00:22:15	5:34
208	532	JUAN PEREZ PINILLA	C.A. RUNNING JARA	53	Veterano A	00:55:49.453	+ 00:22:20	5:34
209	610	JUAN PEDRO RUIZ PARREÑO	C.A. QUINTANAR DEL REY	54	Veterano A	00:55:49.742	+ 00:22:20	5:34
210	353	JAVIER LOPEZ MARTINEZ	C.A. RUNNING JARA	55	Veterano A	00:55:50.479	+ 00:22:21	5:35
211	515	MONTSERRAT PARREÑO ESCRIBANO	TRES LEGUAS VILLAMALEA	15	Veterana A	00:56:03.389	+ 00:22:34	5:36
212	1377	PEDRO JOSÉ FERNÁNDEZ CEZAR	CDA TARANCON	66	Senior	00:56:04.328	+ 00:22:34	5:36
213	1555	DAVID VALVERDE CANTERO	LOS GAFAS	56	Veterano A	00:56:05.331	+ 00:22:35	5:36
214	145	LOURDES DE LAS HERAS SOLERA	SAN LORENZO DE LA PARRILLA	16	Veterana A	00:56:19.198	+ 00:22:49	5:37
215	1488	OLGA PAGE PONCE	Decathlon Cuenca	27	Senior Fem	00:56:31.191	+ 00:23:01	5:39
216	98	MARIA ROSARIO CASTILLO PEREZ	CLUB ATLETISMO INIESTA	4	Veterana C	00:56:54.254	+ 00:23:24	5:41
217	1569	CLAUDIA OLEA VIELBA	Sin club	28	Senior Fem	00:56:56.536	+ 00:23:27	5:41
218	1428	JOSE ANTONIO LOMINCHAR CAMUÑAS	Sin club	57	Veterano A	00:57:00.267	+ 00:23:30	5:42
219	1463	MIGUEL MOLINA BADAJOZ	Sin club	67	Senior	00:57:02.989	+ 00:23:33	5:42
220	1552	JOSÉ ANTONIO VALIENTE BARRIOS	NETVOLUCIONA TEAM	58	Veterano A	00:57:05.275	+ 00:23:35	5:42
221	1410	JOSE MANUEL HERNANDEZ GIL	NETVOLUCIONA TEAM	68	Senior	00:57:05.557	+ 00:23:36	5:42
222	1411	DAVID HERNANDEZ GIL	NETVOLUCIONA TEAM	59	Veterano A	00:57:05.861	+ 00:23:36	5:42
223	648	MARIA DEL MAR SANCLEMENTE DOMÍNC	C.A. VILLARTA	17	Veterana A	00:57:14.201	+ 00:23:44	5:43
224	604	MARIA IRENE RUIZ GONZALEZ	C.A. VILLARTA	29	Senior Fem	00:57:14.316	+ 00:23:44	5:43

CLASIFICACIÓN GENERAL 10K

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Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
225	607	JAVIER RUIZ NAVARRO	C.A. VILLARTA	69	Senior	00:57:14.322	+ 00:23:44	5:43
226	1419	ESTHER IZQUIERDO CORDOBA	Sin club	18	Veterana A	00:57:15.15	+ 00:23:45	5:43
227	1373	RODRIGO DONADIOS REILLO	Sin club	70	Senior	00:57:15.207	+ 00:23:45	5:43
228	1429	NACHO LOPEZ AUÑON	Sin club	71	Senior	00:57:15.888	+ 00:23:46	5:43
229	1472	LUIS ALONSO MOYA GARCIA	JÚCAR TRAIL	60	Veterano A	00:57:24.345	+ 00:23:54	5:44
230	1407	ANGELINES GUISADO DÍAZ	Las galguitas	5	Veterana C	00:57:31.765	+ 00:24:02	5:45
231	1384	NATALIA GAMERO HERNANSANZ	MAGDALA SPORT	30	Senior Fem	00:57:31.778	+ 00:24:02	5:45
232	1465	MARIA DEL CARMEN MORAGON CUERD/	C.A. CUENCA	19	Veterana A	00:57:31.882	+ 00:24:02	5:45
233	1521	SOFIA RODRIGUEZ URIBES	C.A. CUENCA	6	Veterana B	00:57:36.494	+ 00:24:07	5:45
234	272	ANGEL GUIJARRO GUIJARRO	SAN LORENZO DE LA PARRILLA	22	Veterano B	00:57:38.265	+ 00:24:08	5:45
235	223	ANGEL GARCIA MARCO	SAN LORENZO DE LA PARRILLA	61	Veterano A	00:57:40.646	+ 00:24:11	5:46
236	653	ADELA SANTOS SEGOVIA	C.A. HONRUBIA	20	Veterana A	00:57:41.53	+ 00:24:11	5:46
237	1539	Mª INMACULADA SANCHO SAIZ	Sin club	21	Veterana A	00:57:41.417	+ 00:24:12	5:46
238	170	TOMAS MIGUEL ESCRIBANO RUIZ	C.A. QUINTANAR DEL REY	23	Veterano B	00:57:43.470	+ 00:24:14	5:46
239	26	AGAPITO ALONSO ESCRICH	C.A. VALVERDE DE JUCAR	24	Veterano B	00:57:47.723	+ 00:24:18	5:46
240	549	LUZ MARÍA PORRAS VALENCIA	C.A. VILLAMAYOR	31	Senior Fem	00:57:50.381	+ 00:24:21	5:47
241	11	ELENA ALBENDEA CALLEJA	C.A. VILLAMAYOR	22	Veterana A	00:57:50.740	+ 00:24:21	5:47
242	1440	PRADO MALDONADO MUÑOZ	Sin club	6	Veterana C	00:57:51.720	+ 00:24:22	5:47
243	1557	JORGE VELA MARTINEZ	C.A. VILLARTA	72	Senior	00:57:58.371	+ 00:24:29	5:47
244	1329	ELOY ANAYA	Sin club	73	Senior	00:57:59.15	+ 00:24:29	5:47
245	340	VICTOR JOSE LERMA GÓMEZ	C.A. VILLARTA	74	Senior	00:58:00.269	+ 00:24:30	5:48
246	1424	MABEL JIMÉNEZ ORTIZ	CA 27 AGOSTO MADRIGUERAS	7	Veterana B	00:58:01.522	+ 00:24:32	5:48
247	1443	FCO. JOSE MARCUELLO HERREROS	JÚCAR TRAIL	75	Senior	00:58:02.619	+ 00:24:33	5:48
248	1346	MARIA CALLEJA DE LA TORRE	Sin club	32	Senior Fem	00:58:11.794	+ 00:24:42	5:49
249	1336	CRISTINA ATIENZA LARA	CD Corremangana	8	Veterana B	00:58:23.688	+ 00:24:54	5:50
250	1321	BEATRIZ ALFARO LÓPEZ	RUNFASTER	33	Senior Fem	00:58:32.531	+ 00:25:03	5:51
251	221	MARIA ISABEL GARCIA GUIJARRO	SAN LORENZO DE LA PARRILLA	7	Veterana C	00:58:33.298	+ 00:25:03	5:51
252	1358	ORLANDO CAZORLA VARELA	Sin club	62	Veterano A	00:58:36.627	+ 00:25:07	5:51
253	1395	ANTONIO GOMEZ CORRAL	MARATONIANOS DE LEGANÉS	25	Veterano B	00:58:37.477	+ 00:25:08	5:51
254	1325	MANUEL ALVAREZ BARAZA	Sin club	63	Veterano A	00:58:39.312	+ 00:25:09	5:51
255	1404	PEDRO LUIS GUIJARRO MUÑOZ	Sin club	64	Veterano A	00:58:39.729	+ 00:25:10	5:51
256	1505	PEDRO LUIS PLAZA CAMBRONERO	Sin club	26	Veterano B	00:59:02.745	+ 00:25:33	5:54

CLASIFICACIÓN GENERAL 10K

Fecha **05/10/2019**

10K - CUENCA 2019 - 10K

Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
257	1533	ANTONIO SAIZ MARTÍNEZ	CORREMON TRAIL CUENCA	27	Veterano B	00:59:02.888	+ 00:25:33	5:54
258	1391	MARIÁN GARCÍA MORENO	Sin club	23	Veterana A	00:59:14.110	+ 00:25:44	5:55
259	1487	LHOSEINE OUBAINE	ALDEAS INFANTILES	13	Junior	00:59:14.548	+ 00:25:45	5:55
260	1365	GEMA CRESPO MARTIN	CLUB ATLETISMO SAN FERNANDEZ	24	Veterana A	00:59:16.633	+ 00:25:47	5:55
261	136	SANDRA CUENCA VILLANUEVA	RUNFASTER	34	Senior Fem	00:59:16.718	+ 00:25:47	5:55
262	1506	JOSE ANTONIO PLAZA CAMBRONERO	PURA VIDA DEPORTIVA	28	Veterano B	00:59:16.813	+ 00:25:47	5:55
263	1387	MIRIAM GARCIA HERRAIZ	Sin club	9	Veterana B	00:59:29.196	+ 00:25:59	5:56
264	556	MARIA JOSE PRIETO PEÑARRUBIA	C.A. VILLARTA	10	Veterana B	00:59:35.617	+ 00:26:06	5:57
265	1340	IGNACIO BELMAR CONEJERO	Sin club	65	Veterano A	00:59:51.946	+ 00:26:22	5:59
266	1556	DAVID VALVERDE RECUENCO	NETVOLUCIONA TEAM	66	Veterano A	00:59:53.573	+ 00:26:24	5:59
267	264	MARIA DOLORES GONZALEZ CASTILLO	C.A. HONRUBIA	25	Veterana A	01:00:01.937	+ 00:26:32	6:00
268	239	MARIA CRISTINA GARRIDO ESPADA	C.A REAJO FONTENSE	26	Veterana A	01:00:04.371	+ 00:26:35	6:00
269	682	CHARO TOMILLO GARCIA	SAN LORENZO DE LA PARRILLA	11	Veterana B	01:00:13.680	+ 00:26:44	6:01
270	1393	SANDRA GARCÍA-CARPINTERO	C.D.Somormujo	35	Senior Fem	01:00:24.521	+ 00:26:55	6:02
271	1430	SANTOS LÓPEZ DE MOTA GÓMEZ-CARAI	C.D.Somormujo	76	Senior	01:00:26.356	+ 00:26:56	6:02
272	1520	JUAN MIGUEL RODRÍGUEZ TEJEDA	Sin club	67	Veterano A	01:00:33.213	+ 00:27:03	6:03
273	1478	ANA NAVARRO OLMEDA	C.A. VILLARTA	1	Junior Fem	01:00:39.29	+ 00:27:09	6:03
274	1499	MARIA ESTEFANÍA PEREZ SERRANO	Sin club	36	Senior Fem	01:00:42.674	+ 00:27:13	6:04
275	1467	SONIA MORENO DURAN	C. D. BALONA CONQUENSE	37	Senior Fem	01:01:00.990	+ 00:27:31	6:06
276	1399	RAFAEL GONZÁLEZ SOLERA	C.A. CUENCA	10	Veterano C	01:01:23.631	+ 00:27:54	6:08
277	1460	ANGEL MERCHANT CAMBRONERO	Sin club	29	Veterano B	01:01:25.905	+ 00:27:56	6:08
278	276	JORGE GUTIERREZ COBO	C.A REAJO FONTENSE	68	Veterano A	01:01:42.930	+ 00:28:13	6:10
279	1323	ÁNGEL ALONSO CANO	C.A. CUENCA	30	Veterano B	01:01:58.675	+ 00:28:29	6:11
280	1515	LAURA RECUENCO SANTIAGO	MAGDALA SPORT	38	Senior Fem	01:02:23.309	+ 00:28:53	6:14
281	470	LAURA NAVARRO CALVO	C.A. VILLARTA	39	Senior Fem	01:02:25.501	+ 00:28:56	6:14
282	1476	TANIA MUNOZ HORTELANO	MAGDALA SPORT	40	Senior Fem	01:02:26.5	+ 00:28:56	6:14
283	1330	ÁNGEL ARANDA LÓPEZ-REINA	C.A REAJO FONTENSE	31	Veterano B	01:02:26.439	+ 00:28:57	6:14
284	644	MARIA SOLEDAD SANCHEZ SANCHEZ	C.A REAJO FONTENSE	41	Senior Fem	01:02:27.722	+ 00:28:58	6:14
285	1532	MARIA DEL MAR SAIZ MARTINEZ	Sin club	12	Veterana B	01:02:43.197	+ 00:29:13	6:16
286	1379	JESUS ANGEL FERNANDEZ GARCIA	Sin club	32	Veterano B	01:02:45.317	+ 00:29:15	6:16
287	651	YOLANDA SANTOS SEGOVIA	C.A. HONRUBIA	27	Veterana A	01:02:47.379	+ 00:29:18	6:16
288	1504	EVA PLA ALVAREZ	PURA VIDA DEPORTIVA	13	Veterana B	01:02:52.27	+ 00:29:22	6:17

CLASIFICACIÓN GENERAL 10K

Fecha **05/10/2019**

10K - CUENCA 2019 - 10K

Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
289	1477	MARIA ELENA NAVARRO BALLESTEROS	C.A. CUENCA	28	Veterana A	01:02:56.66	+ 00:29:26	6:17
290	1398	ARACELI GONZALEZ RUIZ-CANELA	C.A. CUENCA	14	Veterana B	01:02:56.800	+ 00:29:27	6:17
291	657	ASCENSION SEGOVIA ROMERO	C.A. HONRUBIA	15	Veterana B	01:03:39.630	+ 00:30:10	6:21
292	1500	PATRICIA PÉREZ-MONEO	MAGDALA SPORT	42	Senior Fem	01:03:40.35	+ 00:30:10	6:22
293	1474	MARIA MUELAS GIL	Club voleibol Hervás	43	Senior Fem	01:03:42.314	+ 00:30:12	6:22
294	1456	NICOLAS MATA SANCHEZ	CLUB ATLETISMO SAN FERNANDEZ	33	Veterano B	01:03:55.988	+ 00:30:26	6:23
295	1442	ELENA MARCO ARRIBAS	Sin club	29	Veterana A	01:03:56.991	+ 00:30:27	6:23
296	1549	ALICIA TORREGROSA CARCELLER	REDOLAT TEAM	16	Veterana B	01:04:03.47	+ 00:30:33	6:24
297	1507	CRISTINA POLO MÁRQUEZ	Sin club	44	Senior Fem	01:04:05.6	+ 00:30:35	6:24
298	1508	MARÍA ÁNGELES POVES GALLARDO	UCLM	17	Veterana B	01:04:14.105	+ 00:30:44	6:25
299	659	PILAR SERRANO BONILLA	C.A. CUENCA	18	Veterana B	01:04:26.902	+ 00:30:57	6:26
300	1412	JOSE MIGUEL HERNANDEZ PRIETO	Sin club	34	Veterano B	01:04:29.931	+ 00:31:00	6:26
301	1457	CARMEN MELGAREJO RIQUELME	C.A. CUENCA	19	Veterana B	01:04:43.584	+ 00:31:14	6:28
302	1544	CONSUELO TEJEDA PEREA	C.A. CUENCA	8	Veterana C	01:04:44.218	+ 00:31:14	6:28
303	1421	OLGA JIMENEZ	C.A. CUENCA	30	Veterana A	01:04:44.452	+ 00:31:15	6:28
304	1517	MIRIAM REDONDO SANCHO	BCNMAD TRIATLON	31	Veterana A	01:05:05.925	+ 00:31:36	6:30
305	1570	RAQUE MARTINEZ CALVO	Sin club	32	Veterana A	01:05:15.883	+ 00:31:46	6:31
306	1343	DANIEL BLANCO DIAZ	AHORRAMAS	77	Senior	01:05:34.877	+ 00:32:05	6:33
307	1352	DAVID CARRASCO PARRILLA	C.A. CUENCA	69	Veterano A	01:05:49.227	+ 00:32:19	6:34
308	1388	ASUN GARCÍA HIDALGO	Sin club	33	Veterana A	01:05:50.396	+ 00:32:21	6:35
309	528	JESUS PEREZ GARCIA	SAN LORENZO DE LA PARRILLA	35	Veterano B	01:06:12.605	+ 00:32:43	6:37
310	141	JULIAN CULEBRAS ALGARRA	SAN LORENZO DE LA PARRILLA	70	Veterano A	01:06:14.234	+ 00:32:44	6:37
311	1354	VIVI CARRASCOSA PEREZ	REDOLAT TEAM	34	Veterana A	01:06:52.875	+ 00:33:23	6:41
312	1348	ALBERTO CAMPOS GIMENEZ	REDOLAT TEAM	71	Veterano A	01:06:53.118	+ 00:33:23	6:41
313	27	CRISTIAN ALVAREZ JIMENEZ	C.A. VILLARTA	78	Senior	01:07:20.255	+ 00:33:50	6:44
314	337	JUAN MANUEL LERIN LOPEZ	SAN LORENZO DE LA PARRILLA	11	Veterano C	01:07:27.832	+ 00:33:58	6:44
315	1553	SARA VALIENTE GARCÍA	Sin club	45	Senior Fem	01:07:47.378	+ 00:34:18	6:46
316	1439	ÁGUEDA LUCAS MARTÍNEZ	Águeda Lucas fotografía, diseñ	46	Senior Fem	01:08:38.915	+ 00:35:09	6:51
317	1378	MARIA JESUS FERNANDEZ CULEBRAS	Sin club	20	Veterana B	01:08:40.858	+ 00:35:11	6:52
318	1413	ANGELA HERNANDO	CLUB ATLETISMO SAN FERNANDEZ	21	Veterana B	01:09:02.119	+ 00:35:32	6:54
319	1389	PILAR GARCÍA MADRID	DON QUIJOTE ALBACETE	9	Veterana C	01:10:05.396	+ 00:36:36	7:00
320	1356	JUAN IGNACIO CASTRILLO ÁLVAREZ	Sin club	72	Veterano A	01:10:27.807	+ 00:36:58	7:02

CLASIFICACIÓN GENERAL 10K

Fecha **05/10/2019**

10K - CUENCA 2019 - 10K

Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
321	1426	FRANCISCO JORDANO LUQUE	MARATONIANOS DE LEGANÉS	12	Veterano C	01:10:28.804	+ 00:36:59	7:02
322	420	ISABEL MELERO SANCHEZ	C.A. PINAR-EKUON-CONCHEL-DI	35	Veterana A	01:12:58.410	+ 00:39:29	7:17
323	1369	CARLOS DE PABLO RODRIGUEZ	CDA Valmojado	73	Veterano A	01:13:32.70	+ 00:40:02	7:21
324	1327	MARTHA ALVAREZ GOMEZ	Sin club	22	Veterana B	01:14:47.937	+ 00:41:18	7:28
325	1338	SARA AYLLÓN PATIÑO	Sin club	47	Senior Fem	01:15:27.7	+ 00:41:57	7:32
326	467	ALFONSA NAVARRO ALARCON	C.A. QUINTANAR DEL REY	23	Veterana B	01:18:02.414	+ 00:44:33	7:48
327	1502	IVELINA PETROVA EMANUILOVA	CLUB ATLETISMO SAN FERNANDEZ	36	Veterana A	01:18:16.246	+ 00:44:46	7:49
328	1367	MARI CARMEN DE FEZ HERNANDEZ	CLUB ATLETISMO SAN FERNANDEZ	24	Veterana B	01:18:16.600	+ 00:44:47	7:49
329	1510	DAVID PRIETO LOPEZ	C.A. CUENCA	74	Veterano A	01:21:39.846	+ 00:48:10	8:09
330	1526	RAQUEL RUIZ GARCIA	C.A. CUENCA	37	Veterana A	01:21:40.232	+ 00:48:10	8:10
331	1527	MILAGROS RUIZ GARCÍA	C.A. CUENCA	38	Veterana A	01:21:40.331	+ 00:48:10	8:10
332	1362	CLAUDIA COLAVITA DOMENICO	Sin club	10	Veterana C	01:26:41.989	+ 00:53:12	8:40
333	1468	JAVIER MORENO SANCHEZ	RUNFASTER	75	Veterano A	01:36:01.184	+ 01:02:31	9:36
334	1543	CHIA YIN SU	Sin club	48	Senior Fem	01:36:56.994	+ 01:03:27	9:41
335	1560	LI YA WANG	Sin club	49	Senior Fem	01:36:58.218	+ 01:03:28	9:41
	32	MONICA ANGUIX MARTINEZ	C.A. VILLARTA		Senior Fem	..		:
	596	ANA BELEN RUBIO MEDRANO	CLUB ATLETISMO INIESTA		Veterana A	..		:
	159	ANGEL JORGE DUQUE DUQUE	RUNFASTER		Veterano B	..		:
	196	PEDRO FRIAS ORTEGA	C.A. RUNNING JARA		Veterano A	..		:
	269	JULIAN GUIJARRO CAMPOS	SOMARUNNING BELMONTE		Senior	..		:
	297	ROBERTO ILLANA LÓPEZ	Sin club		Senior	..		:
	310	ELISA JIMENEZ FUENTES	SAN LORENZO DE LA PARRILLA		Veterana B	..		:
	321	VICENTE JUNCOS	C.A. QUINTANAR DEL REY		Veterano B	..		:
	409	JOSE MARIA MARTINEZ PARREÑO	C.A. VILLARTA		Veterano B	..		:
	426	JOSE TOMAS MESAS VALERA	C.A. SAN CLEMENTE		Veterano B	..		:
	504	ENRIQUE PALAZUELOS ARNAIZ	C.A REAJO FONTENSE		Veterano C	..		:
	624	LUIS SAIZ GONZALEZ	C.A. QUINTANAR DEL REY		Veterano B	..		:
	658	FRANCISCO MANUEL SERRANO ANAYA	RUNFASTER		Veterano B	..		:
	1320	JUAN AGÜERA LOPEZ	CLUB ATLETISMO ALKANTARA		Senior	..		:
	1326	JONATAN ALVAREZ FERNANDEZ	Sin club		Veterano A	..		:
	1335	MIGUEL ANGEL ARROGANTE FERNANDEZ	CLUB ATLETISMO SAN FERNANDEZ		Veterano B	..		:
	1342	FERNANDO BERMEJO PATÓN	C.A. CUENCA		Veterano B	..		:

CLASIFICACIÓN GENERAL 10K

Fecha **05/10/2019**

10K - CUENCA 2019 - 10K

Distancia **10000 metros**



Pos	Dorsal	Nombre	Equipo	Pos Cat.	Categoría	Tiempo Meta	Diferencia	Velocidad
	1345	JOSE BUITRAGO ESTEBAN	AHORRAMAS		Veterano A	::	:	
	1350	ALVARO CAÑADA ADALID	MAGDALA SPORT		Senior	::	:	
	1355	JUAN CARRILLO ZAMBRANO	AHORRAMAS		Veterano A	::	:	
	1357	MARCOS CAVA	Sin club		Senior	::	:	
	1359	MARTIN CEBRIAN PEREZ	C.A. QUINTANAR DEL REY		Senior	::	:	
	1371	DAVID JAVIER DIAZ BREIJO	Sin club		Veterano A	::	:	
	1382	SERGIO FUENTES GUIJARRO	Sin club		Senior	::	:	
	1402	NATALY GUEVARA MORALES	AHORRAMAS		Senior Fem	::	:	
	1420	TANIA JARA CERDÁ	Sin club		Veterana A	::	:	
	1425	CAMILO JIMENEZ PADILLA	C.A. PINAR-EKUON-CONCHEL-DI		Senior	::	:	
	1437	ANTONIO LORENZO CASTRO	Sin club		Veterano B	::	:	
	1444	ROSAURA MARTÍN MUÑOZ	CLUB ATLETISMO SAN FERNANI		Veterana B	::	:	
	1445	FRANCISCO JAVIER MARTINEZ BARRIOS	C.T. TRISCHOOL CUENCA		Junior	::	:	
	1481	PAULA NORIEGA	TRAININGREY		Veterana A	::	:	
	1492	JORGE PARDO	CLUB ATLETISMO INIESTA		Junior	::	:	
	1503	AFRICA PIZARRO FUENTES	AHORRAMAS		Senior Fem	::	:	
	1523	CARLOS ROMON MARTINEZ	C.T. TRISCHOOL CUENCA		Veterano B	::	:	
	1525	FLORENTINO RUIZ AGUIRREMOTA	Sin club		Veterano A	::	:	
	1528	ELENA RUIZ SAIZ	C.A. CUENCA		Veterana C	::	:	
	1540	TAMARA SANTIAGO FERNANDEZ	AHORRAMAS			::	:	
	1545	ARANTXA TOLEDO MORENO	CORREMON TRAIL CUENCA			::	:	
	1546	JOSE MANUEL TOLEDO OLIVARES	Sin club		Senior	::	:	
	1547	ANGELA ROSA TORRADO ORTEGA	AHORRAMAS		Veterana A	::	:	
	1568	CORAL OLMO MARTINEZ	Sin club		Veterana B	::	:	
	1571	JOSE VENTURA GUIJARRO	CORREMON		Veterano A	::	:	