

# CLASIFICACIÓN GENERAL



Fecha **15/08/2019**

XLII Carrera popular Manchega 2019 - 10K

Distancia **10000 metros**

Pos	Dor	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO 1			PASO INTERMEDIO 2			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel	Pos	Tiempo	Vel			
1	150	VÍCTOR RODRIGO CARRANZA	Sin club	ABS M	1	1	0:17:07	3:25	1	0:17:31	3:30	<b>00:34:38</b>	--	3:27
2	58	PEDRO GALLEGU YUGO	Liberbank - C.A.Toledo	VET M	1	2	0:17:11	3:26	5	0:18:17	3:39	<b>00:35:28</b>	+ 00:00:50	3:32
3	34	SALVA CASTRO PONS	C.D.METAESPORT	ABS M	2	3	0:17:40	3:32	2	0:18:02	3:36	<b>00:35:43</b>	+ 00:01:04	3:34
4	145	GUILLERMO QUIRÓS DEL OLMO	C.A.CRIPTANA	ABS M	3	4	0:17:55	3:35	3	0:18:04	3:36	<b>00:35:59</b>	+ 00:01:21	3:35
5	73	ANGEL HERENCIA CARRAMOLINO	C.A.CRIPTANA	VET M	2	7	0:18:08	3:37	4	0:18:08	3:37	<b>00:36:17</b>	+ 00:01:38	3:37
6	149	ALBA MARIA REGUILLO MORENO	EKUON CONCHEL SPORT TEAM	ABS F	1	6	0:18:08	3:37	6	0:18:47	3:45	<b>00:36:55</b>	+ 00:02:17	3:41
7	106	RAFAEL MEDINA RUIZ	CLUB TRIATLON CRIPTANA	ABS M	4	5	0:18:02	3:36	7	0:19:01	3:48	<b>00:37:04</b>	+ 00:02:26	3:42
8	164	FRANCISCO JAVIER TORRES BUSTAM	C.A.CRIPTANA	VET M	3	8	0:18:18	3:39	9	0:19:17	3:51	<b>00:37:35</b>	+ 00:02:57	3:45
9	38	JOSE MARIA COBO LARA	A.C. MANCHATHON	VET M	4	9	0:18:27	3:41	8	0:19:10	3:50	<b>00:37:38</b>	+ 00:03:00	3:45
10	138	PEDRO ANTONIO PLAZA RODRÍGUEZ	CLUB TRIATLON CRIPTANA	VET M	5	10	0:18:42	3:44	16	0:19:51	3:58	<b>00:38:34</b>	+ 00:03:55	3:51
11	156	LUIS SÁNCHEZ GIL VIOLERO	Duchenne Team Criptana	ABS M	5	12	0:19:15	3:51	12	0:19:34	3:54	<b>00:38:50</b>	+ 00:04:11	3:53
12	103	JOSE RAMON MATEOS DE ARRIBA GA	Sin club	VET M	6	18	0:19:22	3:52	10	0:19:28	3:53	<b>00:38:50</b>	+ 00:04:12	3:53
13	127	LUIS OLIVARES SOTOS	Sin club	VET M	7	17	0:19:22	3:52	11	0:19:29	3:53	<b>00:38:52</b>	+ 00:04:13	3:53
14	154	IGNACIO ROMO DÍAZ ALEJO	C.A. LAS LAGUNAS DE VILAFR	ABS M	6	16	0:19:17	3:51	13	0:19:37	3:55	<b>00:38:54</b>	+ 00:04:16	3:53
15	139	ANGEL QUINTANAR CARRAMOLINO	CLUB TRIATLON CRIPTANA	ABS M	7	13	0:19:16	3:51	15	0:19:47	3:57	<b>00:39:04</b>	+ 00:04:25	3:54
16	48	MANUEL ESCRIBANO	Sin club	VET M	8	21	0:19:35	3:55	14	0:19:42	3:56	<b>00:39:17</b>	+ 00:04:39	3:55
17	36	DIEGO CATALÁN FLORES	Sin club	ABS M	8	11	0:19:10	3:50	19	0:20:37	4:07	<b>00:39:48</b>	+ 00:05:09	3:58
18	167	JESUS MANUEL VELA GARCIA	Criptana cycling pro team	ABS M	9	15	0:19:17	3:51	20	0:20:38	4:07	<b>00:39:55</b>	+ 00:05:16	3:59
19	124	JORGE ODONNELL GARCIA RANSANZ	CD EL PORVENIR	ABS M	10	19	0:19:29	3:53	18	0:20:30	4:06	<b>00:40:00</b>	+ 00:05:22	4:00
20	107	ALFONSO MENASALVAS PACHECO	Sin club	VET M	9	24	0:20:03	4:00	17	0:20:01	4:00	<b>00:40:04</b>	+ 00:05:26	4:00
21	43	DOMINGO DÍAZ-PARREÑO	Sin club	VET M	10	14	0:19:16	3:51	28	0:20:58	4:11	<b>00:40:14</b>	+ 00:05:36	4:01
22	19	ALEJANDRO BENÍTEZ LEAL	CLUB TRIATLON CRIPTANA	VET M	11	22	0:19:38	3:55	27	0:20:54	4:10	<b>00:40:33</b>	+ 00:05:54	4:03
23	169	MIGUEL VELA ROMERA	Sin club	ABS M	11	28	0:20:12	4:02	21	0:20:40	4:08	<b>00:40:52</b>	+ 00:06:14	4:05
24	22	DANIEL BUSTAMANTE SEPÚLVEDA	Duchenne Team Criptana	VET M	12	25	0:20:07	4:01	26	0:20:51	4:10	<b>00:40:59</b>	+ 00:06:21	4:05
25	151	MIGUEL ÁNGEL RODRÍGUEZ AMORES	Duchenne Team Criptana	VET M	13	26	0:20:08	4:01	25	0:20:51	4:10	<b>00:41:00</b>	+ 00:06:22	4:06
26	168	ALBERTO VELA MUÑOZ	Sin club	ABS M	12	30	0:20:31	4:06	22	0:20:40	4:08	<b>00:41:12</b>	+ 00:06:33	4:07
27	7	JOSE ALCAÑIZ DE LA GUIA	Sin club	ABS M	13	27	0:20:09	4:01	36	0:21:26	4:17	<b>00:41:35</b>	+ 00:06:56	4:09
28	137	JAIME PINTOR LOPEZ DE LA RICA	Sin club	VET M	14	29	0:20:29	4:05	32	0:21:10	4:14	<b>00:41:39</b>	+ 00:07:00	4:09
29	72	DIONISIO GUTIERREZ MARIA	CDEA TARANCON	ABS M	14	37	0:20:50	4:10	30	0:21:05	4:13	<b>00:41:55</b>	+ 00:07:16	4:11
30	29	JOSE CASARRUBIOS ORTIZ	CRIPTANA VERTICAL	ABS M	15	23	0:20:02	4:00	49	0:21:58	4:23	<b>00:42:00</b>	+ 00:07:22	4:12
31	62	JONATAN GARCÍA BORRÁS	YO VOY	VET M	15	45	0:21:14	4:14	24	0:20:51	4:10	<b>00:42:06</b>	+ 00:07:27	4:12
32	59	RAFA GARCIA	CRIPTANA VERTICAL	ABS M	16	34	0:20:45	4:09	35	0:21:25	4:17	<b>00:42:10</b>	+ 00:07:31	4:13
33	30	PABLO CASARRUBIOS RODRIGUEZ	Sin club	ABS M	17	40	0:20:57	4:11	33	0:21:13	4:14	<b>00:42:11</b>	+ 00:07:32	4:13

## GPS CARRERAS

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Fecha **15/08/2019**

XLII Carrera popular Manchega 2019 - 10K

Distancia **10000 metros**

Pos	Dor	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO 1			PASO INTERMEDIO 2			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel	Pos	Tiempo	Vel			
34	50	JAIME ESCRIBANO SANCHEZ	Sin club	ABS M	18	31	0:20:35	4:07	42	0:21:42	4:20	<b>00:42:17</b>	+ 00:07:39	4:13
35	165	RAMONA TRUJILLO MATEOS	C. A Saturno	VET F	1	33	0:20:40	4:08	44	0:21:44	4:20	<b>00:42:25</b>	+ 00:07:46	4:14
36	67	JOSE MARIA GIMÉNEZ DE LOS GALAN	C. A Saturno	VET M	16	32	0:20:40	4:08	45	0:21:45	4:21	<b>00:42:25</b>	+ 00:07:46	4:14
37	109	JOSE LUIS MINGUEZ CORRALES	CRIPATANA VERTICAL	ABS M	19	36	0:20:49	4:09	38	0:21:36	4:19	<b>00:42:25</b>	+ 00:07:47	4:14
38	128	MIGUEL ÁNGEL OLMEDO LUCERÓN	Sin club	ABS M	20	35	0:20:46	4:09	41	0:21:39	4:19	<b>00:42:26</b>	+ 00:07:47	4:14
39	160	DIEGO SIMON PANADERO	PESCATUR	VET M	17	38	0:20:53	4:10	39	0:21:38	4:19	<b>00:42:32</b>	+ 00:07:53	4:15
40	166	ARTURO UCENDO ESCUDERO	PESCATUR	VET M	18	39	0:20:54	4:10	40	0:21:39	4:19	<b>00:42:33</b>	+ 00:07:54	4:15
41	102	JAVIER MARTÍNEZ-BASCUÑÁN RAMÍRI	C.A. MOTEÑO	ABS M	21	56	0:21:43	4:20	23	0:20:50	4:10	<b>00:42:34</b>	+ 00:07:55	4:15
42	134	CLAUDIO PECO GARCIA	Sin club	ABS M	22	53	0:21:31	4:18	29	0:21:03	4:12	<b>00:42:35</b>	+ 00:07:57	4:15
43	80	JESÚS JIMÉNEZ TORRES	C.D. CHINGUAN	VET M	19	52	0:21:31	4:18	34	0:21:17	4:15	<b>00:42:48</b>	+ 00:08:10	4:16
44	126	AGUSTIN OLIVARES SANCHEZ-ROJO	Spartan Gigantes	ABS M	23	48	0:21:16	4:15	43	0:21:43	4:20	<b>00:43:00</b>	+ 00:08:21	4:18
45	113	CARLOS MORALES SOTO	A.A PIELAS RUN	VET M	20	42	0:21:08	4:13	48	0:21:57	4:23	<b>00:43:06</b>	+ 00:08:27	4:18
46	56	GUILLERMO FUENTES PINTADO	Sin club	ABS M	24	44	0:21:12	4:14	50	0:22:00	4:24	<b>00:43:12</b>	+ 00:08:34	4:19
47	163	JOSE JUAN TISCAR GONZALEZ	A.C. MANCHATHON	VET M	21	59	0:21:47	4:21	37	0:21:33	4:18	<b>00:43:21</b>	+ 00:08:42	4:20
48	116	JUAN ANTONIO MUÑOZ PALOMAR	trepadores manchegos	ABS M	25	41	0:21:02	4:12	53	0:22:18	4:27	<b>00:43:21</b>	+ 00:08:43	4:20
49	91	MIGUEL ANGEL LUCAS TORRES SANC	Sin club	VET M	22	69	0:22:14	4:26	31	0:21:09	4:13	<b>00:43:24</b>	+ 00:08:45	4:20
50	140	FERNANDO QUINTANILLA SÁNCHEZ-M	CLUB TRIATLON CRIPTANA	ABS M	26	57	0:21:46	4:21	46	0:21:50	4:22	<b>00:43:36</b>	+ 00:08:58	4:21
51	101	VÍCTOR JOSÉ MARTÍNEZ SANZ	CLUB TRIATLON CRIPTANA	VET M	23	58	0:21:46	4:21	47	0:21:50	4:22	<b>00:43:37</b>	+ 00:08:58	4:21
52	65	JOSÉ IGNACIO GARCÍA-CASARRUBIO	Spartan Gigantes	ABS M	27	47	0:21:16	4:15	54	0:22:22	4:28	<b>00:43:38</b>	+ 00:09:00	4:21
53	122	RAUL NICOLAS VIDAL	C.A.CRIPTANA	ABS M	28	50	0:21:19	4:15	58	0:22:27	4:29	<b>00:43:46</b>	+ 00:09:08	4:22
54	87	HECTOR LIZCANO RUIZ	Sin club	ABS M	29	43	0:21:10	4:14	61	0:22:40	4:32	<b>00:43:51</b>	+ 00:09:12	4:23
55	88	ANDRÉS LIZCANO VELA	C.A.CRIPTANA	VET M	24	49	0:21:18	4:15	60	0:22:38	4:31	<b>00:43:57</b>	+ 00:09:18	4:23
56	97	FRANCISCO MANZANEQUE HUERTAS	Sin club	VET M	25	61	0:21:55	4:23	57	0:22:26	4:29	<b>00:44:21</b>	+ 00:09:43	4:26
57	117	RAUL MUÑOZ RUBIO	Spartan Gigantes	ABS M	30	51	0:21:22	4:16	69	0:23:00	4:36	<b>00:44:22</b>	+ 00:09:44	4:26
58	17	RAUL BARREJON ROMERO	Spartan Gigantes	ABS M	31	55	0:21:42	4:20	66	0:22:51	4:34	<b>00:44:34</b>	+ 00:09:55	4:27
59	33	RAFAEL CASTELLANOS PALOMARES	Spartan Gigantes	ABS M	32	54	0:21:41	4:20	67	0:22:53	4:34	<b>00:44:34</b>	+ 00:09:56	4:27
60	18	JAIME BARRILERO ORTEGA	Sin club	ABS M	33	60	0:21:53	4:22	64	0:22:47	4:33	<b>00:44:40</b>	+ 00:10:01	4:28
61	16	FRANCISCO MANUEL ANQUELA NAVAI	YO VOY	ABS M	34	64	0:22:01	4:24	59	0:22:38	4:31	<b>00:44:40</b>	+ 00:10:01	4:28
62	41	JUAN JOSE DIAZ - ROPERÓ PEREZ-BU	YO VOY	ABS M	35	66	0:22:10	4:26	62	0:22:45	4:33	<b>00:44:56</b>	+ 00:10:17	4:29
63	158	JOSE LUIS SANCHEZ-QUINTANAR RAM	YO VOY	ABS M	36	67	0:22:11	4:26	63	0:22:45	4:33	<b>00:44:56</b>	+ 00:10:18	4:29
64	76	ANGEL LUIS HUERTAS MANJAVACAS	Sin club	ABS M	37	63	0:21:59	4:23	70	0:23:09	4:37	<b>00:45:08</b>	+ 00:10:29	4:30
65	133	ALBERTO PANADERO VELA	Sin club	ABS M	38	62	0:21:58	4:23	71	0:23:09	4:37	<b>00:45:08</b>	+ 00:10:29	4:30
66	132	ANTONIO FRANCISCO PANADERO AM	Sin club	ABS M	39	70	0:22:22	4:28	68	0:22:57	4:35	<b>00:45:20</b>	+ 00:10:41	4:32

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Pos	Dor	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO 1			PASO INTERMEDIO 2			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel	Pos	Tiempo	Vel			
67	63	RUBÉN GARCÍA ESCRIBANO	Sin club	ABS M	40	65	0:22:09	4:25	73	0:23:14	4:38	<b>00:45:24</b>	+ 00:10:45	4:32
68	74	FRANCISCO HERENCIA CARRAMOLIN	YO VOY	ABS M	41	68	0:22:12	4:26	79	0:23:23	4:40	<b>00:45:35</b>	+ 00:10:57	4:33
69	94	JOSE MARIA MANZANEQUE CARPIO	Sin club	ABS M	42	92	0:23:15	4:39	55	0:22:23	4:28	<b>00:45:39</b>	+ 00:11:01	4:33
70	170	FRANCISCO JOSÉ VIOLERO OLIVARES	Sin club	ABS M	43	87	0:23:01	4:36	65	0:22:49	4:33	<b>00:45:50</b>	+ 00:11:12	4:35
71	66	JUAN DE DIOS GARCÍA-HIDALGO LÓPEZ	Sin club	VET M	26	71	0:22:29	4:29	81	0:23:24	4:40	<b>00:45:54</b>	+ 00:11:15	4:35
72	152	MIGUEL ÁNGEL RODRÍGUEZ-MANZANI	Sin club	ABS M	44	73	0:22:38	4:31	76	0:23:17	4:39	<b>00:45:56</b>	+ 00:11:17	4:35
73	82	ALICIA JIMÉNEZ UTRILLA	CLUB TRIATLON CRIPTANA	ABS F	2	72	0:22:38	4:31	77	0:23:18	4:39	<b>00:45:56</b>	+ 00:11:17	4:35
74	44	DAMIAN DIAZ-ROPERO PEREZ-BUSTO	Sin club	ABS M	45	75	0:22:41	4:32	74	0:23:15	4:39	<b>00:45:56</b>	+ 00:11:18	4:35
75	92	JOSÉ MANUEL LUCERON LUCERON	CLUB ATLETISMO ALCABOZO	ABS M	46	79	0:22:46	4:33	78	0:23:21	4:40	<b>00:46:07</b>	+ 00:11:28	4:36
76	144	ÁLVARO QUIÑONES ROPERO	Sin club	ABS M	47	94	0:23:59	4:47	51	0:22:08	4:25	<b>00:46:07</b>	+ 00:11:28	4:36
77	23	RAUL CALONGE DE LA GUIA	Sin club	VET M	27	83	0:22:49	4:33	80	0:23:23	4:40	<b>00:46:12</b>	+ 00:11:33	4:37
78	143	SERGIO QUIÑONES ORTIZ	Sin club	ABS M	48	77	0:22:43	4:32	83	0:23:33	4:42	<b>00:46:16</b>	+ 00:11:38	4:37
79	121	ROCIO NAVARRO BECERRA	A.A PIELS RUN	ABS F	3	81	0:22:47	4:33	85	0:23:43	4:44	<b>00:46:30</b>	+ 00:11:52	4:39
80	161	ALEJANDRO SOLA DE LA FUENTE	A.A PIELS RUN	VET M	28	80	0:22:46	4:33	86	0:23:45	4:45	<b>00:46:32</b>	+ 00:11:53	4:39
81	35	CARLOS CASTRO PONS	Sin club	ABS M	49	99	0:24:18	4:51	56	0:22:23	4:28	<b>00:46:42</b>	+ 00:12:03	4:40
82	61	Jaime Garcia	Sin club	ABS M	50	91	0:23:15	4:39	82	0:23:26	4:41	<b>00:46:42</b>	+ 00:12:03	4:40
83	135	MIGUEL ANGEL PEDROCHE MUÑOZ	A.C. MANCHATHON	ABS M	51	82	0:22:48	4:33	88	0:23:55	4:47	<b>00:46:44</b>	+ 00:12:06	4:40
84	86	MARIA DE LOS ANGELES LEO COBO	Sin club	VET F	2	90	0:23:11	4:38	84	0:23:35	4:43	<b>00:46:46</b>	+ 00:12:08	4:40
85	27	JOSE ANGEL CARRASCO ESPINOSA	A.C. MANCHATHON	VET M	29	84	0:22:49	4:33	98	0:24:10	4:50	<b>00:46:59</b>	+ 00:12:21	4:41
86	136	JOSÉ ANTONIO PERUCHO VELA	YO VOY	VET M	30	110	0:24:46	4:57	52	0:22:14	4:26	<b>00:47:00</b>	+ 00:12:21	4:42
87	5	JOSÉ MIGUEL ALBERCA SÁNCHEZ	YO VOY	ABS M	52	88	0:23:01	4:36	93	0:24:02	4:48	<b>00:47:03</b>	+ 00:12:25	4:42
88	25	EMILIO CANTOS TORRILLAS	Spartan Gigantes	ABS M	53	76	0:22:42	4:32	105	0:24:26	4:53	<b>00:47:08</b>	+ 00:12:29	4:42
89	45	MONICA DIAZ-ROPERO PEREZ-BUSTO	YO VOY	ABS F	4	86	0:22:51	4:34	102	0:24:21	4:52	<b>00:47:12</b>	+ 00:12:34	4:43
90	1	JOSE LUIS ABAD ALBERCA	Sin club	VET M	31	93	0:23:34	4:42	87	0:23:45	4:45	<b>00:47:20</b>	+ 00:12:42	4:44
91	54	ENRIQUE FERNÁNDEZ-CHECA GÓMEZ	Sin club	ABS M	54	74	0:22:40	4:32	110	0:24:44	4:56	<b>00:47:24</b>	+ 00:12:46	4:44
92	81	ANTONIO JIMÉNEZ TORRES	C.D. CHINGUAN	VET M	32	96	0:24:09	4:49	75	0:23:16	4:39	<b>00:47:25</b>	+ 00:12:46	4:44
93	130	JUAN LUIS PALOMINO SANCHEZ	Jabatos Trail	VET M	33	85	0:22:50	4:34	114	0:24:51	4:58	<b>00:47:42</b>	+ 00:13:03	4:46
94	9	JAVIER ANGULO LARA	Sin club	ABS M	55	78	0:22:43	4:32	116	0:25:10	5:02	<b>00:47:54</b>	+ 00:13:15	4:47
95	28	JAVIER CARRERO ALAMINOS	Sin club	ABS M	56	95	0:23:59	4:47	92	0:24:01	4:48	<b>00:48:01</b>	+ 00:13:22	4:48
96	84	CARLOS JIMÉNEZ-ZARZA GARCÍA-CAS	Sin club	VET M	34	97	0:24:13	4:50	90	0:23:57	4:47	<b>00:48:11</b>	+ 00:13:33	4:49
97	104	DAVID MEDINA ANGULO	Sin club	ABS M	57	101	0:24:21	4:52	89	0:23:56	4:47	<b>00:48:17</b>	+ 00:13:38	4:49
98	114	JOSE LUIS MUELA GOMEZ	CD EL PORVENIR	VET M	35	89	0:23:10	4:38	115	0:25:07	5:01	<b>00:48:18</b>	+ 00:13:39	4:49
99	37	JOSE LUIS CENCERRADO IZQUIERDO	CD EL PORVENIR	VET M	36	102	0:24:23	4:52	97	0:24:09	4:49	<b>00:48:33</b>	+ 00:13:54	4:51

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# CLASIFICACIÓN GENERAL



Fecha **15/08/2019**

XLII Carrera popular Manchega 2019 - 10K

Distancia **10000 metros**

Pos	Dor	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO 1			PASO INTERMEDIO 2			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel	Pos	Tiempo	Vel			
100	79	PEDRO LUIS JIMÉNEZ MORALES	A.A PIELAS RUN	VET M	37	123	0:25:25	5:05	72	0:23:12	4:38	<b>00:48:37</b>	+ 00:13:59	4:51
101	46	VIRGINIA DÍAZ-ROPERO PÉREZ-BUSTO	YO VOY	VET F	3	105	0:24:24	4:52	100	0:24:14	4:50	<b>00:48:39</b>	+ 00:14:00	4:51
102	39	MOISES CRUZ OLIVARES	C.A.CRIPTANA	ABS M	58	109	0:24:29	4:53	99	0:24:12	4:50	<b>00:48:42</b>	+ 00:14:03	4:52
103	159	MANUEL JESÚS SEPÚLVEDA	Sin club	VET M	38	100	0:24:19	4:51	106	0:24:28	4:53	<b>00:48:48</b>	+ 00:14:09	4:52
104	171	MAXI ZARCO LÓPEZ	CLUB ATLETISMO ALCABOZO	VET M	39	115	0:24:51	4:58	91	0:23:58	4:47	<b>00:48:50</b>	+ 00:14:11	4:53
105	119	RAY NARANJO	Sin club	VET M	40	104	0:24:24	4:52	107	0:24:38	4:55	<b>00:49:03</b>	+ 00:14:24	4:54
106	26	JUAN ANTONIO CARRAMOLINO SEPUL	Sin club	VET M	41	103	0:24:24	4:52	108	0:24:41	4:56	<b>00:49:05</b>	+ 00:14:27	4:54
107	75	DANIEL HERRERO SILVA	Sin club	ABS M	59	98	0:24:17	4:51	113	0:24:50	4:58	<b>00:49:08</b>	+ 00:14:29	4:54
108	131	CARLOS PANADERO ALBERCA	CLUB TRIATLON CRIPTANA	VET M	42	114	0:24:51	4:58	101	0:24:20	4:52	<b>00:49:11</b>	+ 00:14:33	4:55
109	89	MARIÁN LÓPEZ REILLO	YO VOY	ABS F	5	106	0:24:25	4:53	111	0:24:45	4:57	<b>00:49:11</b>	+ 00:14:33	4:55
110	10	MARTINIANO ANGULO MINGUEZ	PHI GP POLIDEPORTIVO	VET M	43	112	0:24:49	4:57	104	0:24:25	4:53	<b>00:49:15</b>	+ 00:14:36	4:55
111	11	YOLANDA ANGULO MINGUEZ	PHI GP POLIDEPORTIVO	VET F	4	113	0:24:50	4:58	103	0:24:24	4:52	<b>00:49:15</b>	+ 00:14:36	4:55
112	53	ROSA MARÍA FERNÁNDEZ HERAS	YO VOY	VET F	5	108	0:24:26	4:53	112	0:24:47	4:57	<b>00:49:15</b>	+ 00:14:36	4:55
113	31	ESTEBAN CASARRUBIOS SÁNCHEZ	YO VOY	VET M	44	111	0:24:46	4:57	109	0:24:44	4:56	<b>00:49:31</b>	+ 00:14:52	4:57
114	55	SONIA FLORES GONZALEZ	CD EL PORVENIR	VET F	6	124	0:25:30	5:06	95	0:24:08	4:49	<b>00:49:39</b>	+ 00:15:00	4:57
115	111	JAVIER MONTEALEGRE SÁNCHEZ	CD EL PORVENIR	ABS M	60	125	0:25:30	5:06	94	0:24:08	4:49	<b>00:49:39</b>	+ 00:15:00	4:57
116	110	JUAN CARLOS MONREAL GARCIA CAM	CD EL PORVENIR	VET M	45	126	0:25:31	5:06	96	0:24:09	4:49	<b>00:49:40</b>	+ 00:15:02	4:58
117	98	ROSARIO MARCOS-ALBERCA MARTINI	YO VOY	VET F	7	107	0:24:26	4:53	122	0:26:12	5:14	<b>00:50:38</b>	+ 00:16:00	5:03
118	108	IONELA MIHALCEA	Sin club	ABS F	6	118	0:25:03	5:00	118	0:25:55	5:11	<b>00:50:59</b>	+ 00:16:20	5:05
119	85	BALTARETU LARISA ANCUTA	Sin club	ABS F	7	119	0:25:03	5:00	119	0:25:56	5:11	<b>00:51:00</b>	+ 00:16:21	5:06
120	148	FERNANDO REBATO PANADERO	CD EL PORVENIR	VET M	46	127	0:25:31	5:06	117	0:25:37	5:07	<b>00:51:09</b>	+ 00:16:30	5:06
121	123	ÁNGEL NOTARIO GARRIDO	Sin club	VET M	47	122	0:25:15	5:03	120	0:25:57	5:11	<b>00:51:13</b>	+ 00:16:34	5:07
122	12	CARMEN ANGULO RODRIGUEZ	Sin club	ABS F	8	121	0:25:11	5:02	123	0:26:26	5:17	<b>00:51:38</b>	+ 00:16:59	5:09
123	115	JULIAN MUÑOZ	Sin club	ABS M	61	120	0:25:11	5:02	124	0:26:26	5:17	<b>00:51:38</b>	+ 00:16:59	5:09
124	78	GERMÁN ISASI ORTEGA	CRIPATANA VERTICAL	ABS M	62	116	0:24:58	4:59	126	0:26:45	5:21	<b>00:51:43</b>	+ 00:17:04	5:10
125	157	JULIÁN JOSÉ SÁNCHEZ-GIL MINGUEZ	CRIPATANA VERTICAL	VET M	48	117	0:24:58	4:59	127	0:26:45	5:21	<b>00:51:44</b>	+ 00:17:05	5:10
126	118	PEDRO MURAT CASTELLANOS	TRT MELIANA TRI-RUNNING-TR	VET M	49	129	0:26:08	5:13	125	0:26:44	5:20	<b>00:52:53</b>	+ 00:18:14	5:17
127	90	CARMEN MARIA LÓPEZ SALINAS	Sin club	ABS F	9	130	0:26:15	5:15	131	0:26:47	5:21	<b>00:53:03</b>	+ 00:18:24	5:18
128	155	MARÍA JOSÉ SÁNCHEZ ANGULO	Sin club	ABS F	10	139	0:27:09	5:25	121	0:26:07	5:13	<b>00:53:17</b>	+ 00:18:38	5:19
129	99	ENRIQUE MARIJUAN	Sin club	VET M	50	135	0:26:47	5:21	129	0:26:47	5:21	<b>00:53:34</b>	+ 00:18:55	5:21
130	49	FRANCISCO ESCRIBANO MONTOYA	PESCATUR	VET M	51	137	0:26:47	5:21	128	0:26:46	5:21	<b>00:53:34</b>	+ 00:18:56	5:21
131	8	ANGEL MANUEL ANGULO CAMARA	PESCATUR	VET M	52	134	0:26:46	5:21	132	0:26:48	5:21	<b>00:53:35</b>	+ 00:18:56	5:21
132	52	ANTONIO FERNÁNDEZ FERNÁNDEZ	Sin club	VET M	53	136	0:26:47	5:21	130	0:26:47	5:21	<b>00:53:35</b>	+ 00:18:56	5:21

## GPS CARRERAS

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# CLASIFICACIÓN GENERAL



Fecha **15/08/2019**

XLII Carrera popular Manchega 2019 - 10K

Distancia **10000 metros**

Pos	Dor	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO 1			PASO INTERMEDIO 2			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel	Pos	Tiempo	Vel			
133	68	LOURDES GOMEZ LOBO CIUDAD	Sin club	VET F	8	133	0:26:36	5:19	133	0:27:11	5:26	<b>00:53:47</b>	+ 00:19:09	5:22
134	51	LUIS ESTESO PEINADO	Sin club	ABS M	63	128	0:25:48	5:09	140	0:28:13	5:38	<b>00:54:02</b>	+ 00:19:24	5:24
135	153	MARIA RODRÍGUEZ-MANZANEQUE ES	YO VOY	ABS F	11	143	0:27:34	5:30	134	0:27:11	5:26	<b>00:54:46</b>	+ 00:20:07	5:28
136	6	PALOMA ALCALA PINTADO	YO VOY	ABS F	12	144	0:27:34	5:30	135	0:27:12	5:26	<b>00:54:47</b>	+ 00:20:08	5:28
137	69	MERCEDES GOMEZ LOBO CIUDAD	Sin club	VET F	9	142	0:27:32	5:30	136	0:27:16	5:27	<b>00:54:48</b>	+ 00:20:10	5:28
138	13	MARIA ANGULO RODRÍGUEZ	Sin club	ABS F	13	132	0:26:27	5:17	145	0:28:28	5:41	<b>00:54:56</b>	+ 00:20:17	5:29
139	112	JOSE MARIA MORALES MARTINEZ	C.N.GIGANTES	VET M	54	131	0:26:21	5:16	148	0:29:08	5:49	<b>00:55:29</b>	+ 00:20:51	5:32
140	146	PILAR RANSANZ UBEDA	CD EL PORVENIR	VET F	10	150	0:27:59	5:35	137	0:27:46	5:33	<b>00:55:45</b>	+ 00:21:06	5:34
141	2	MANUEL AGUDO DIAZ	YO VOY	VET M	55	148	0:27:39	5:31	139	0:28:12	5:38	<b>00:55:52</b>	+ 00:21:13	5:35
142	24	LUCIA CALONGE MARTINEZ	YO VOY	ABS F	14	145	0:27:35	5:31	143	0:28:18	5:39	<b>00:55:53</b>	+ 00:21:15	5:35
143	14	FRANCISCO JOSE ÁNGULO RODRIGUI	YO VOY	VET M	56	146	0:27:35	5:31	144	0:28:19	5:39	<b>00:55:55</b>	+ 00:21:16	5:35
144	141	MARI CARMEN QUINTANILLA UCENDO	YO VOY	ABS F	15	147	0:27:39	5:31	141	0:28:17	5:39	<b>00:55:56</b>	+ 00:21:17	5:35
145	4	FERNANDO ALBERCA SANCHEZ	YO VOY	ABS M	64	149	0:27:40	5:32	142	0:28:18	5:39	<b>00:55:58</b>	+ 00:21:20	5:35
146	57	TERESA GALINDO LUCERON	CRIPTANA VERTICAL	ABS F	16	141	0:27:11	5:26	146	0:28:50	5:46	<b>00:56:01</b>	+ 00:21:22	5:36
147	32	JOSE LUIS CASERO ABAD	CRIPTANA VERTICAL	VET M	57	140	0:27:10	5:26	147	0:28:53	5:46	<b>00:56:03</b>	+ 00:21:25	5:36
148	105	PABLO MEDINA NUÑEZ	Don Quijote Albacete	ABS M	65	153	0:28:11	5:38	138	0:27:56	5:35	<b>00:56:08</b>	+ 00:21:29	5:36
149	93	CRISTINA MANZANEQUE	YO VOY	VET F	11	151	0:28:08	5:37	151	0:29:30	5:54	<b>00:57:39</b>	+ 00:23:00	5:45
150	120	ANTONIO MANUEL NARANJO MARTÍN	YO VOY	VET M	58	152	0:28:09	5:37	150	0:29:29	5:53	<b>00:57:39</b>	+ 00:23:00	5:45
151	71	JOSÉ LUÍS GONZÁLEZ-MOHINO AMOR	Sin club	ABS M	66	156	0:28:45	5:45	152	0:29:50	5:58	<b>00:58:36</b>	+ 00:23:57	5:51
152	21	CARMEN BUSTAMANTE COMINO	Sin club	VET F	12	154	0:28:44	5:44	154	0:30:07	6:01	<b>00:58:51</b>	+ 00:24:13	5:53
153	96	CARMEN MANZANEQUE ESTESO	CRIPTANA VERTICAL	VET F	13	155	0:28:44	5:44	153	0:30:07	6:01	<b>00:58:52</b>	+ 00:24:13	5:53
154	20	AMPARO BLASCO VENTAS	CD EL PORVENIR	VET F	14	160	0:29:14	5:50	155	0:30:08	6:01	<b>00:59:22</b>	+ 00:24:44	5:56
155	60	MARISOL GARCIA	YO VOY	VET F	15	158	0:29:13	5:50	158	0:30:51	6:10	<b>01:00:05</b>	+ 00:25:26	6:00
156	77	JUAN ALBERTO INIESTA ORTIZ	YO VOY	VET M	59	159	0:29:13	5:50	159	0:30:52	6:10	<b>01:00:06</b>	+ 00:25:27	6:00
157	147	PURIFICACION RANSANZ UBEDA	CD EL PORVENIR	VET F	16	162	0:29:45	5:57	156	0:30:41	6:08	<b>01:00:26</b>	+ 00:25:48	6:02
158	129	LUISA PALOMINO RECASENS	CD EL PORVENIR	VET F	17	163	0:29:45	5:57	157	0:30:41	6:08	<b>01:00:27</b>	+ 00:25:49	6:02
159	15	ISABELLE ANQUELA NAVARRETE	YO VOY	ABS F	17	161	0:29:32	5:54	160	0:31:50	6:22	<b>01:01:23</b>	+ 00:26:44	6:08
160	47	MIGUEL DOPAZO RECAMAN	Sin club	ABS M	67	164	0:33:29	6:41	149	0:29:09	5:49	<b>01:02:38</b>	+ 00:28:00	6:15
161	125	JOSE OLIVARES PEREZ-BUSTOS	Sin club	ABS M	68	157	0:29:01	5:48	161	0:33:37	6:43	<b>01:02:39</b>	+ 00:28:00	6:15
162	162	MANUEL SOLLA	Sin club	ABS M	69	138	0:27:08	5:25	162	0:35:30	7:06	<b>01:02:39</b>	+ 00:28:01	6:15
163	100	ALBA MARTINEZ MANZANEQUE	C.A.CRIPTANA	ABS F	18	165	0:36:32	7:18	163	0:36:43	7:20	<b>01:13:15</b>	+ 00:38:37	7:19
42		FRANCISCO DIAZ MUÑOZ	SC TRAIL RUNNERS TITAGUAS	ABS M			0:24:53	4:58				::		
83		JOSÉ ENRIQUE JIMÉNEZ-ZARZA DIAZ-	YO VOY	ABS M			0:28:46	5:45				::		

## GPS CARRERAS

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Distancia **10000 metros**



Pos	Dor	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO 1			PASO INTERMEDIO 2			Tiempo Meta	Dif.	Velocidad
						Pos	Tiempo	Vel	Pos	Tiempo	Vel			
3		MARIA JESUS ALBERCA FDEZ-DE QUE	Sin club	VET F								::		
40		PABLO CUEVAS RUIZ	Sin club	ABS M		20	0:19:32	3:54				::		
64		SILVIA GARCÍA RUIZ	Sin club	ABS F								::		
70		CARLOS ENRIQUE GONZALEZ CASTILI	C.A.CRIPTANA	VET M								::		
95		MIGUEL A. OLMEDA	C.A.CRIPTANA	VET M		46	0:21:15	4:15				::		
142		JOSE MANUEL QUIÑONES CASTIBLAN	LA ROSA ELITE	VET M								::		